

High Vibration /
Upward Spiral



1. Joy / Knowledge / Empowerment
Freedom / Love / Appreciation

2. Passion

3. Enthusiasm

4. Positive Expectation / Belief

5. Optimism

6. Hopefulness

7. Contentment

8. Boredom

9. Pessimism

10. Frustration / Irritation / Impatience

11. Overwhelm

12. Disappointment

13. Doubt

14. Worry

15. Blame

16. Discouragement

17. Anger

18. Revenge

19. Hatred / Rage

20. Jealousy

21. Insecurity / Guilt / Unworthiness

22. Fear / Grief / Depression

Powerlessness / Victim

